



California Sleep Society

**8TH ANNUAL EDUCATIONAL SYMPOSIUM
October 2 - 3, 2015**

Crowne Plaza Hotel
1221 Chess Drive
Foster City, CA 94404

AGENDA

THURSDAY, OCTOBER 1, 2015

6:30PM - 8:30PM

Happy Hour Drinks & Appetizers

Clubhouse Bistro

FRIDAY, OCTOBER 2, 2015

9:00AM - 10:00AM

Registration Open | Exhibitor Displays Open

9:50AM - 10:05AM

Introduction and Welcome: Education Committee

Anoop Karippot, MD
Patricia Scagliotti, RPSGT

10:05AM - 11:00AM

Transportation Industry and Challenges with Fatigue - NHTSA Review

Mark Rosekind, PhD

11:00AM - 11:45AM

Sleep and Circadian Dysfunction in Severe Mental Illness

Allison G. Harvey, PhD

11:45AM - 12:30PM

Complex or Complicated Sleep Apnea - Cheyne-Stokes Breathing Pattern and Current Safety Concerns with ASV Machines

Jeanne M. Wallace, MD

12:30PM - 2:00PM

Lunch | Networking | Exhibitor Displays Open

Magellan Foyer

2:00PM - 2:45PM

Regulations and Compliance for Sleep Medicine - Medical Board of California

Tonya Mathews
Natalie Lowe

2:45PM - 3:30PM

ASV Titration and Technological Concerns

Mitch Ponciano, RPSGT

3:30PM - 3:45PM

Coffee Break | Exhibitor Displays Open

Magellan Foyer

3:45PM - 4:30PM

Medicare Requirements for Sleep Medicine

Cindy White, Noridian
Healthcare

4:30PM - 5:00PM

Oral Appliance Therapy - Does Alternative Therapy Work in Comparison to CPAP

Todd Morgan, DMD

5:00PM - 5:45PM

AASM Initiative and Changes in Sleep Medicine Practices

Ted Thurn, AASM

5:45PM - 6:30PM

Sleep Stage Scoring - Visual Pattern Recognition

Sharon Keenan, RPSGT,
PhD

6:45PM - 7:30PM

Happy Hour | Networking | Exhibitor Displays Open

Magellan Foyer

7:30PM - 7:45PM

ICD10: How It Impacts Your Sleep Practice

Alana Erickson, CPC, CPMA

7:45PM

Pat Kilbane, comedian (MadTV, Seinfeld) to perform

Magellan Ballroom

Grand Reception

Magellan Ballroom

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AGENDA

SATURDAY, OCTOBER 3, 2015

7:00AM - 8:00AM

Continental Breakfast | Registration Open | Exhibitor Displays Open

Magellan Foyer

8:00AM - 8:05AM

Introduction and Welcome: Education Committee

Anoop Karippot, MD
Patricia Scagliotti, RPSGT

8:05AM - 9:00AM

Sleep and Fatigue - What Have We Learned From the Airline Industry - Safety in the Skies

Captain Jim Mangie

9:00AM - 9:45AM

Surgical Interventions in Sleep Apnea - New Approach to Sleep Apnea Surgery - Can Maxillo-Mandibular Advancement Help?

Kasey Li, DDS, MD, FACS

9:45AM - 10:30AM

Do We Need to Sleep? - Sleep Deprivation and Fragmentation of Sleep

Clete Kushida, MD, PhD, RPSGT

10:30AM - 10:45AM

Coffee Break | Exhibitor Displays Open

Magellan Foyer

10:45AM - 11:30AM

Strange Behaviors at Night - Parasomnias in Sleep

Mark Mahowald, MD

11:30AM - 12:15PM

Standardized Outcomes Measurements for Sleep Medicine - How Are We Doing?

Richard Rosenberg, PhD

12:15PM - 1:00PM

Challenges for Healthy Sleep in Children - Pediatric Sleep Disorders

Rafael Pelayo, MD

1:00PM - 2:00PM

Lunch | Exhibitor Displays Open

Magellan Foyer

2:00PM - 3:00PM

BREAKOUT SESSION A: Alexandria/Balboa Rooms
Technological Advances in Sleep Medicine

Moderators: Edwin M. Valladares, MS, RPSGT

Focus: Positive Airway Titration - The Future of Polysomnography Skills Needed to Survive

BREAKOUT SESSION B: Columbus Room
Dental Advances in Sleep Medicine

Moderators: Todd Morgan, DMD and Michael Simmons, DMD

Focus: Oral Appliance Theory - Titration and HST | Sleep Study Interphase

3:00PM - 4:00PM

BREAKOUT SESSION C: Alexandria/Balboa Rooms
Technological Issues in Sleep Medicine

Moderators: Patricia Scagliotti, RPSGT, MBA/HCM

Focus: Technologist at Night: Mask Fitting Optimization, CPAP | BiPAP Titration

BREAKOUT SESSION D: Columbus Room
Behavioral Intervention in Sleep Medicine

Moderators: Anoop Karippot, MD, CBSM

Focus: Insomnia in Adults and Children - Behavioral Disturbances and Management

4:00PM

WRAP UP

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SYMPOSIUM DIRECTORS

Anoop Karippot, MD, CBSM, FAASM

Patricia Scagliotti, RPSGT

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ACCREDITATION

CME Information:

This Live activity, California Sleep Society 8th Annual Meeting, with a beginning date of 10/2/2015, has been submitted for up to 12.0 Elective credit(s) by the American Academy of Family Physicians. Physicians should claim only the credit commensurate with the extent of their participation in the activity. AAFP Prescribed credit is accepted by the American Medical Association as equivalent to AMA PRA Category 1 Credit™ toward the AMA Physician's Recognition Award. When applying for the AMA PRA, Prescribed credit earned must be reported as Prescribed credit, not as Category 1.

CEU Information:

Applied for 12.0 C.E.U's by the CSTE (BRPT), Program. Technologists and Sleep Clinicians should claim only the credit commensurate with the extent of their participation in the activity.

SPEAKERS

Allison Harvey, PhD

Professor of Psychology, University of California
Director, The Golden Bear Sleep and Mood Research Clinic
Director, Clinical Science Program, Psychology Clinic and
Assessment Center
Licensed Clinical Psychologist

Captain Jim Mangie

Flight Operations, Delta Air Lines

Kasey Li, DDS, MD, FACS

1900 University Ave #105,
East Palo Alto, CA 94303

Mark Mahowald, MD

Professor, Stanford University

Mitch Ponciano, RPSGT**Clete Anthony Kushida, MD, PhD, RST,
RPSGT**

Professor, Stanford University

Alana Erickson, CPA, CPMA

Xenicus, LLC

Rafael Pelayo, MD

Stanford University

Michael Simmons, DMD**Anoop Karippot, MD**

Medical Director of Snoring and Sleep Center, AKANE Institute
of Allergy Asthma & Sleep Medicine

Ted Thurn

Senior Health Policy and Government Affairs Analyst,
American Academy of Sleep Medicine

Richard S. Rosenberg, PhD

Professional Education Development Consultant

Mark Rosekind, PhD

National Highway Transportation Safety Administration

Cindy White

DME Education Consultant, Provider Outreach and
Education, Noridian Healthcare Solutions, LLC

Natalie Lowe

Tonya Mathews - Polysomnography Analyst
Medical Board of California

Edwin M. Valladares, MS, RPSGT

Sr. Polysomnography Technologist
Sleep Disorders Center, Keck Medical Center of USC

Todd Morgan, DMD

Chief of Dentistry and Oral Medicine, Scripps Memorial
Hospital

Patricia Scagliotti, RPSGT

Polysomnographic Technology Program, Orange Coast
College

Jeanne M. Wallace, MD

David Geffen School of Medicine at UCLA and Olive
View-UCLA Medical Center

Sharon Keenan, RPSGT, PhD

Director, School of Sleep Medicine Inc.